



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai
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EDITORS NOTE: If you enjoy reading the articles, please consider submitting one also! We are always in need of a good story or article that you have read and that you would like to share. We just ask that you please keep it around 500 words, or less

Please submit your contributions to the following email addresses: lauralee@verizon.net & prescottaa@prescottaa.org If you would like to receive the monthly newsletter in your inbox, simply send a message to prescottaa@prescottaa.org
It's a great way to stay connected!

STEP ONE: We admitted we were powerless over alcohol—that our lives had become unmanageable

TRADITION ONE: Our common welfare should come first; personal recovery depends upon A.A. unity.

CONCEPT ONE: The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Prescott Area Intergroup 2025—Being of Maximum Service
By Greg S.

2025 has been a wonderful year for the Prescott Area Intergroup, and it's all due to *you*, the clean and sober community we serve. First and foremost, the Volunteers are amazing, completely dedicated to serving both the community and the business office. Regular incoming phone calls, office visits (more than 80 people a month!) and Twelve Step calls result in numerous individual visits, scheduling rides to meetings, as well as providing reliable meeting information for those looking to hit a meeting on the fly. Group and individual donations and sales for the year have been quite generous and dependable, and keep our doors open. This year's 40th Shoestring Roundup was a huge, fun-filled success, greatly enhanced by fundraisers, and well-attended picnics. I am amazed at how cohesive, loving, and tightly knit our sober community truly is. Your Prescott Area Intergroup remains blessed and fortunate to serve this amazing community. Let's look forward to a sober, healthy and serene 2026, living in heartfelt gratitude and action.



Powerless...

I was an Alkie, who knew,
Was always an A-hole to you,
You're in my space,
Get out of my face,
It's not about me, its about you.

My boss is really a prick,
I'll just lay it on really thick,
They'll believe what I say,
I don't care any way,
And as usual I'm always a dick.

I've tried everything that I know,
Some seem to work well although,
It's always the same,
There's someone to blame,
Just maybe it's time to let go.

My life is truly a mess,
And I can't live with all of the stress,
So I finally decide,
To bury my pride,
And accept the fact that I'm powerless...

Recovery Rap

I'm doing the deal...I'm keeping it real;
One day at a time...I know I'll be fine.
I don't future trip... 'cause I know I might slip
So I stay in today... 'cause I know it's the way.

What do you say? I say "AA"
What do you say? I say "AA"

Bill W. and Bob say it's an inside job
So I got to let go and let God take control.
If I want to be chillin'...I got to be willing
To do the Steps and do my best.

What do you say? I say "AA"
What do you say? I say "AA"

In good times or bad...when I'm happy or sad
My HP is there...and I know that He cares.
I just have to make the connection...
Through prayer and reflection.

What do you say? I say "AA"
What do you say? I say "AA"

In order to keep it...I have to give it away
So I ask my HP to send a person my way;
A normie or alkie, a friend or a foe...
I pray I can show them love and console.

What do you say? I say "AA"
What do you say? I say "AA"

(Doing this rap in times of stress has helped me to stay sober – Joe D.)

SELIGMAN AA IS ALIVE AND WELL

Greetings, from Russ H., the new Prescott Intergroup Roving Representative. Apparently, the Intergroup once had a Roving Rep, but not for quite some time. Qualifying by just beating the 1-year (6/27/1986) minimum sobriety requirement, I was able to acquire this position without too much ado. Also volunteering on Fridays at the Intergroup office, from 1:00PM until 4:00 PM, I happened to overhear talk of this position being available. Since I've retired for a couple of years now and enjoying traveling to new places, on Wednesday, the 10th of December, 2025, I packed a bag and an envelope full of brochures, meeting lists and a newcomer packet, and headed north on the AZ 89 toward the I-40. Actually, a nice drive (save the 5-minute delay for road work), I continued on the I-40, 22-miles west to downtown Seligman, AZ, located on famous Route 66, and stayed overnight at the very clean Supai Motel. Thursday evening at 6:00 PM, I attended the "We Are Not Saints" meeting of Alcoholics Anonymous, located at 54170 Floyd Street Seligman, AZ 86337 (at the Seligman Library). An open, discussion meeting, I counted 8-sober souls including myself. When it was my turn to share, I introduced myself as a grateful alcoholic, describing my position as the Prescott AA Intergroup Roving Representative. Explaining my duties to the group, I mentioned that my position entitled me to travel to outlying area AA groups. Additionally, I reported that it was my honor to let their group know that Prescott Intergroup was always there for things they might need to continue them to grow. Incidentally, I discovered that their group actually began at the local church several decades prior and that the group dissolved a few years later. This prompted several members to start a new group, beginning in the 90's at their current location, at the library. The Seligman group is represented by a good mix of sobriety dates, including recent newcomers to those with more than 20 years of sobriety. That evening, each member shared their experience, strength, and hope, with the meeting ending the way Bill and Bob ended theirs so many years ago. After the meeting was over, there were goodies laid out on a table, along with good strong AA coffee. I would note that the members expressed their gratitude to the Intergroup realizing that we were there for them. My personal experience of this adventure was of honor and excitement. If you're ever near the Seligman turn-off on a Thursday around 6:00 PM, please check out the "We Are Not Saints" group of Alcoholics Anonymous; you'll be glad you did!

Gratefully sober,

Russ H.

YUMA ROUNDUP 2026



**Friday Feb 27, Saturday Feb 28
Sunday March 1, 2026**

THEME: I AM RESPONSIBLE

**YUMA CIVIC CENTER
1440 W DESERT HILLS DRIVE
YUMA, AZ 85365**

On-Line Registration is now available at:

yumaroundup.com

RV PARKING AVAILABLE ON-SITE



CALLING ALL ARTISTS!



41st Annual Prescott Intergroup Shoestring Roundup Logo Contest

Submit your artwork for the **2026 Shoestring Roundup**
for a chance to **WIN a T-shirt and FREE admission!**

Happening: July 2026

Submission Deadline: February 18, 2026

Send entries to: prescottshoestringroundup@gmail.com

2025 LOGO SELECTION

