



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai
240 S. Montezuma St., Prescott, AZ 86303

Phone: (928) 445-8691 Website: www.prescottaa.org Email: prescottaa@prescottaa.org
Office Hours Mon - Fri: 10am-4pm Sat: 10am-2pm

April 2026

- INSIDE
 - Hugh H.: Intergroup News
- Greg S.: The Fourth Step – Let's Make the Time
 - Lewis Q.: 4th Tradition
 - Tammy D.: Step Four
 - Russ H. – Roving Reporter

EDITORS NOTE: If you enjoy reading the articles, please consider submitting one also! We are always in need of a good story or article that you have read and that you would like to share. We just ask that you please keep it around 500 words, or less

Please submit your contributions to the following email addresses: lauralee@verizon.net & prescottaa@prescottaa.org If you would like to receive the monthly newsletter in your inbox, simply send a message to prescottaa@prescottaa.org. It's a great way to stay connected!

STEP FOUR: Made a searching and fearless moral inventory of ourselves.

TRADITION FOUR: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

CONCEPT FOUR: Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

Intergroup News

Preparations for the 41st Shoestring Roundup are well underway. The dates are Friday evening July 24th through Sunday morning July 26th. Expect the traditional mix of speaker meetings, marathon meetings, workshops, food and fellowship. We will be at the Prescott Rodeo grounds this year which is right in the heart of the city. A repeat at Yavapai College, the venue for the past three years, did not work out due to ongoing remodeling. We think the Rodeo will be a good fit. Volunteer opportunities are still open so please attend the next Planning Committee meeting on April 17th, 5:30 PM, lower level at Safe Harbor in Prescott.

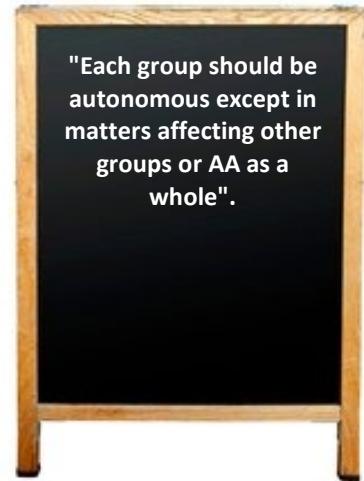
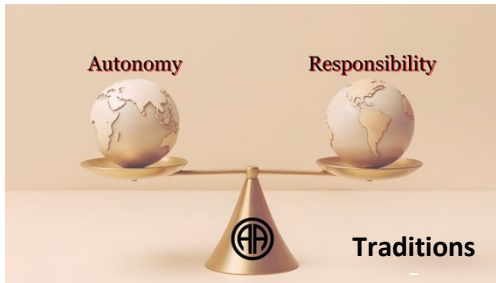
There are three fundraising events coming up to support the Roundup -

Saturday April 18th – Bingo for Baskets, 1:00 PM at Safe Harbor, Prescott.

Sunday May 17th – Annual Spring Picnic, 11:00 AM at Granite Creek Park, Prescott.

Saturday June 20th – Bunco Party, 1:00 PM at Shepherd of the Hills Church, Prescott.

These events are posted (or soon will be) under the event tab on the prescottaa.org website. Thanks for your ongoing support of the Prescott Area Intergroup. Hugh H. /Board Chair



Outweigh the needs of the few...

When groups make their own choices,
After hearing their members voices,
The answers come easy,
Leaving very few queasy,
And more often the AA'er rejoices.

When the issues become even bigger,
Putting us on edge with a hair trigger,
Serenity prevails,
Rational tips the scales,
We pursue an agreement with vigor.

The whole is important - it's true,
Then the solution is easier to construe,
Fellowship is our priority,
As is the will of the majority,
The needs of the many outweigh the needs of the few.

Lewis Q

Step Four, Tammy D.

All the steps are important but step four is the big one for me. I have lost sponsees who were unwilling to take this step. Holding back on this step you definitely do not want to do. Really being 100% honest and no longer being ashamed of my past I did a thorough house cleaning. Realizing that I had a part in all that happened humbled me. Being free from fear & resentments freed me.

I am no longer a prisoner of my past. My past is my best asset. Because of my past and not shutting the door on it I have been able to help other women. I'm eternally grateful to my God for giving me the courage to face my past, work through it and get beyond it. For me, it's God first, then AA and absolutely everything else is under that. If I don't put God and AA first I won't have anything else. Staying grateful daily I have a life today beyond my wildest dreams today.

The Fourth Step—Let's Make the Time

Greg S.

The Twelve Steps provide us with a realistic, implementable method for living the good life, and naturally build upon one another. Powerlessness and unmanageability in Step One springboard us into Two, that a Power greater than us can restore us to sanity (defined as soundness of mind). Two produces Step Three, making a decision to turn our will and our lives over to God *as we understood Him*, to the best of our ability for the day we're granted. These first three steps beg the question of how we got the way we are, which throws us into Step Four, making a searching and fearless moral inventory of ourselves.

At this point, we have the willingness to take "stock honestly" (Big Book, p. 64), bolstering us with the fortitude to be searching and fearless, rather than our default character of vague and fearful. There's some new character-building taking place here—the genuine desire to recover. How did we get this (distorted) way? "Step Four is our vigorous and painstaking effort to discover what these liabilities in each of have been, and are" (12&12, p. 43). Although selfishness and self-centeredness "is the root of our troubles" (BB, p. 62), we can now discover our liabilities which altered our lives for the worse, or else we'll keep exhibiting this warped behavior, over and over. . .

Going through the inventory process takes courage. At first, we are fearful of making an inventory, rationalizing that "our present anxieties and troubles, we cry, are caused by the behavior of other people—people who *really* need a moral inventory" (12&12, p. 45). If the first three steps have taught us anything, we learn that a thorough inventory is imperative, and find that "there is plenty wrong with us alcoholics about which plenty will have to be done if we are to expect sobriety, progress, and any real ability to cope with life" (12&12, p. 48). By taking an honest look at ourselves, we realize that we are at odds with the world and its inhabitants, that our relationships are simply a series of ongoing resentments—we are angry, and have been drinking at it for a long time. We are up against a mind-powered disease that is trying to kill us one day at a time. It is good to remember that "this business of resentment is infinitely grave. We found that it is fatal. For when harboring such feelings we shut ourselves off from the sunlight of the Spirit. The insanity of alcohol returns and we drink again. And with us, to drink is to die" (BB, p. 66).

Completing a thorough fourth step teaches us how to practice accurate self-appraisal. We also begin to see the critical role our H.P. plays in recovery; after all, it is unlikely that any of these Steps would be taken without some sort of reliance on a Power greater than any human power: "We are now on a different basis; the basis of trusting and relying upon God. . . Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity" (BB p.68).

“Wherever Two or More Meet...”

That is precisely what happened at 7PM, Monday night AA meeting in Paulden, located at 6675 AZ State Rte. 89. I was pleasantly surprised by how comfortable the small building this group rented for their AA meetings was. Now, I want to differentiate between the Monday evening meeting and the Sunday, Tuesday, and Wednesday Paulden meetings. They are different meetings but all, still in Paulden.

On Monday, March 30, 2026, I introduced myself as the Prescott AA Intergroup Roving Representative to a couple of faithful members, keeping AA alive on Monday nights. The discussion was typical AA meeting style, reading the first 200 words of Chapter 5, followed by a discussion of the 12 Traditions. Because there were three of us, our shares were a bit longer than the standard three minutes (usually allotted at larger meetings), and I realized that these two “regulars” both had a strong and balanced program.

The two men shared their experience, strength, and hope. I also learned that this compact building, right on SR 89 is well adorned with plenty of AA literature, including Big Books, 12 and 12's, As Bill Sees It and several pamphlets. I found both members to be gracious hosts to this “out of towners,” offering additional information regarding the trusted servants of the other AA meetings located in Paulden. Quite literally, “wherever two or more people gather to share their experience, strength and hope they may call themselves an AA group.” I found this to be true at the Monday 7pm AA meeting in Paulden, AZ.

One additional note: a couple of months earlier I drove to Ashfork to attend an AA meeting and discovered there was no such meeting. If anyone has any information regarding any Ashfork AA meetings, please contact me or the Prescott Intergroup (928) 445-8691, or please send us an email at prescottaa@prescottaa.org. Thank you for allowing me to be of service!

Russ H.
Roving Group Representative

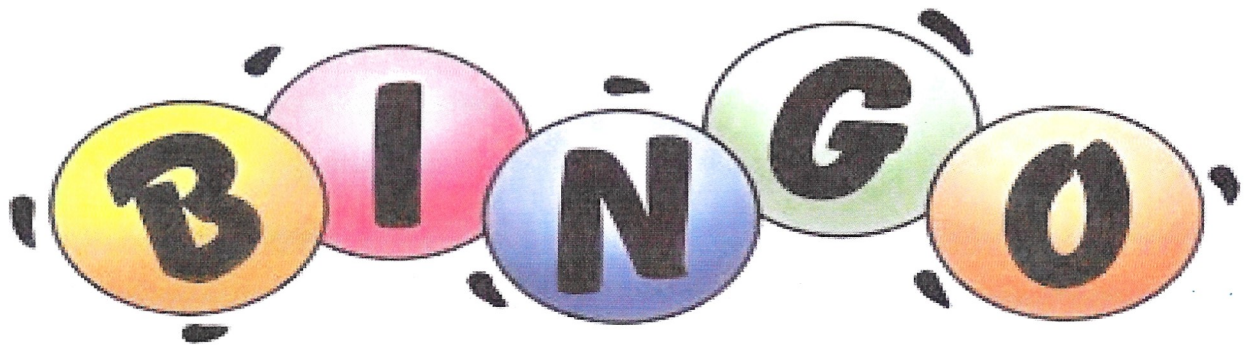
Group Donations

Meeting	March	YTD
11 Step Meditation		74.00
4 Directions Group		0.00
4th Dimension		0.00
Afterwards Group	160.62	398.72
Alphabet Soup		0.00
Alternatives		0.00
Bridge to Shore		0.00
Broad Highway		0.00
Carry This Message		0.00
Chino Valley AA		0.00
Chino Valley Men's Stag		111.00
Common Solutions		50.00
PV Fri Plain Language BB		40.00
First Formation	25.00	75.00
Girlie Birds		409.71
Friday Vetrans	557.00	557.00
Higher Power Hour		0.00
Humboldt Men's Stag		0.00
Intergroup	59.00	103.00
Noon BB Discussion		333.00
Old Shoe (Skull Valley)		0.00
One Liners		0.00
Park Avenue Group	205.89	555.12
Paulden Meeting Place		0.00
PISR		0.00
Prescott Group	241.00	241.00
Prescott Recovery Center		50.00
Principals Before Personalities Zoom		125.00
PV As Bill Sees It		478.50
PV Diamonds in the Rough		0.00
PV Friday Night Speaker		0.00
PV Keep it Simple		0.00
PV Lushes t' Ladies		131.60
PV There is a s Solution		0.00
PV No Name		175.00

Meeting	March	YTD
PV Noon Group		363.00
PV Reflections		0.00
PV Roadmap to Recovery		0.00
PV Serenity Seekers		90.00
PV Thurs Men's Book Study		0.00
Rarely Group		0.00
Rebel Ladies With Solutions		0.00
Round Table Meeting		0.00
Safe Harbor Sunday Serenity	20.00	20.00
Saturday Night Live		0.00
Seniors in Sobriety		0.00
Serenity at Sunrise	209.40	1,148.90
Serenity Online		660.00
Serenity Place		20.00
Serenity Sunday Noon		0.00
Sisters in Sobriety		0.00
Step One Wed Night BS		0.00
Step Stories		100.00
Sun AM Men's Stag	360.00	1,080.00
Sunday Solutions AA/Alanon		0.00
The Great Fact		500.00
The Slice of Life		0.00
Thurs Men's Stag		221.75
Tues Night Book Study		0.00
Tues Night Men 12&12 zoom		0.00
US Vets Group		0.00
Walking Thru Hell		0.00
Wed Night Step Study		0.00
Welcome Valley Group		0.00
Whatever Group		0.00
Women Awakening		0.00
Working Girls		0.00
Yarnell on the Mountain		182.35
Unknown**	29.00	29.00
Total Group Donations	\$ 1,866.91	\$ 8,322.65

AA Birthday Contributions	100.00	134.00
----------------------------------	--------	--------

The Birthday Plan is for groups or members who wish to contribute to the Intergroup Office on their sobriety or group anniversary. \$1 per year is suggested but any amount is appreciated. Members may opt to make a donation but remain anonymous and not have their anniversary posted in the newsletter.



Prescott Intergroup Shoestring Roundup Fundraiser

Bingo for Baskets

April 18, 2026 – 2pm – 4pm; Doors open at 1:30pm.

\$10 for 10 games

SAFE HARBOR, 520 W. Delano Ave., Prescott, AZ.

50/50 Raffle

Door Prizes

Coffee will be provided.

Basket donations can be dropped off at the Intergroup office.

Questions? Call Laura (951)445-8984

FLAGSTAFF ROUNDUP

20 26



DON'T TAKE YOURSELF TOO DAMN SERIOUSLY!!!

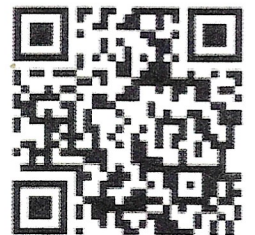
RULE 62

May 29-31, 2026



Fort Tuthill Campground
Flagstaff, Arizona

Speakers, Camping, Tie-Dye,
Marathon Mtgs, 50-50s,
Cornhole, Bingo, and more!



flagstaffroundup.org

Registration \$25 per person
Registration + Camping \$70 per person
Help us out, Pre-Register Early!

Mail body:

~Women Helping Women~
~You Never Have To Stand Alone~

WOMEN'S UNITY LUNCHEON

SATURDAY, APRIL 11TH

11:00AM

AA and Al Anon SPEAKERS ~ NOON
RAFFLE

SOLD
OUT!



SOLD
OUT!

CENTENNIAL CENTER AT ANTELOPE HILLS GOLF
COURSE
1 PERKINS ROAD, PRESCOTT

Tickets \$40

(Vegetarian and vegan options available -
inform at time of ticket purchase.)

Ticket purchase deadline - April 1st.

For more information and tickets, contact Alex P.

562-522-8813

Cash or Zelle

Men may pat your ass. . . women will save it.