



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai
Phone: (928) 445-8691 Website: www.prescottaa.org Email: prescottaa@prescottaa.org
Office Hours Mon - Fri: 10am-4pm Sat: 10am-2pm
[240 S Montezuma St, Suite 108, Prescott AZ 86303-4712](#)

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EDITORS NOTE: If you enjoy reading the articles, please consider submitting one also! We are always in need of a good story or article that you have read and that you would like to share. We just ask that you please keep it around 500 words, or less.

Please submit your contributions to the following email addresses:

lauralee@verizon.net & prescottaa@prescottaa.org

If you would like to receive the monthly newsletter in your inbox, simply send a message to prescottaa@prescottaa.org

It's a great way to stay connected!

STEP NINE: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

TRADITION NINE: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

CONCEPT NINE: "Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees."

Fun in Sobriety—40th Annual Prescott Intergroup Shoestring Roundup

By Greg S.

The 40th Annual Prescott Intergroup Shoestring Roundup (PISR), a milestone event, was held the last weekend of July (25th - 27th) at Yavapai College. Basically, the PISR was a great success. Attendees came from far and wide, including the greater Phoenix area, Santa Barbara/Southern California, and the Quad Cities area, totaling more than 500 registrants.

The \$30.00 pre- registration, \$35.00 at the door donation was in fact a real recovery bargain. Attendees not only enjoyed access to solid Twelve Step workshops on Saturday afternoon, there were also more than 20 well attended A. A. and Al-Anon marathon meetings, with interesting topics such as “Veterans in AA,” and “Mothers in Recovery” on all three days. During the same timeframe, great Al-Anon workshops and marathon meetings were available as well. A moving and emotional share was delivered by Reagan I. on Saturday afternoon, one of the first Alateen members in this area. A.A. Informative trivia games, the Longtimers meeting (note: you don’t have to be a Longtimer to attend), the obligatory Sunday AA countdown, and wonderful AA and Al-Anon speakers graced attendees in the gym. There was a huge number of thoughtful and creative baskets on hand for raffle/donation, as well as a big 50-50, with more than \$750 going to the winner.

Not only were attendees provided with solid fellowship and recovery, Hospitality volunteers ensured no one walked away hungry. A fine example of the Third Legacy (Service), J-P S. reported that not only did many groups sponsor and provide food for their two-hour timeslots, the huge amount of food donated was excellent. From continuous coffee, water and soda to pizza and pansit (traditional Filipino dish), tender smoked brisket and salads to fried chicken and skewers, fine Greek salad and a continuous variety of desserts, to Sunday breakfast delights (including sausage and biscuits), folks enjoyed plenty of great food, completely free for the taking. Moreover, J-P stated that 95% of the food provided was consumed—very little was leftover. Great PISR merchandise (T-shirts, coffee cups and handbags) was also for sale in the hospitality room. Also, outstanding desserts from Blind Faith Bakery, beautiful recovery bracelets and keychains, as well as 12 step literature availability from the Intergroup, Al-Anon, and Grapevine were also for sale.

There were a significant number of new friends in attendance, which makes the Roundup even more enticing. Newcomers were quite vocal about the good time they were having, sure proof that it is entirely possible to have fun in sobriety. There were also numerous attendees who volunteered as greeters, helping with registration, hospitality and other duties. Volunteers discovered how much fun being of service is, and expressed their willingness to become part of the PISR Committee and volunteer for the 2026 Roundup.

There will be a host of volunteer opportunities available for the 41st 2026 Roundup. In fact, initial committee discussion will begin soon: Friday, November 21st, 5:30 pm, Unity Church, 145 S. Arizona Street in Prescott. Keep an eye on the Intergroup website (prescottaa.org) for more information. Our sincere and heartfelt thanks go out to everyone for supporting this amazing event! Let’s look forward to another great Roundup in 2026!

Wherever possible...

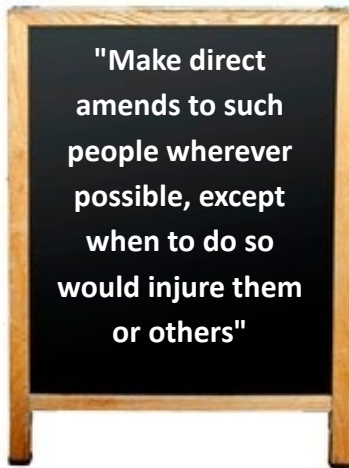
Here we separate the men from the boys,
And to those who this statement annoys,
It's the same for the girls,
No matter how it unfurls,
As long as we consider with poise.



Working to right any wrongs,
And not coming across as pawns,
But really sincere,
Even shedding a tear,
Placing blame where it rightly belongs,



Sometimes its hard to loose sight,
Struggling in our adventurous plight,
Some might give up,
But not me - butter cup,
Striving to make everything right.



Being mindful to create no more harm,
Not raising an issue to alarm,
It might be intense,
Just use common sense,
And do so with grace and with charm.

At this we can get really good,
Making amends wherever we could,
Some easy - some hard,
No holds barred,
Welcome to the world of adulthood.

When we think it's mission impossible,
And hard to overcome every obstacle,
We make the right choice,
And even rejoice,
As we do the right thing - wherever possible...
Lewis Q.

Recycle Your Coins and Medallions

For many, our coins and medallions are important, treasured reminders of our journey in sobriety. For some, it's no big deal. I am reaching out to the second group and asking that you empty out your desk drawers and put those round things back into service. My home group, Sunday Morning Stag, encourages members to do just that with positive results. The aluminum month coins and the "boring" bronze medallions go back into our box for future use. Saves a bunch of money. The "fancy" enameled medallions are given to the Intergroup office for resale. Half the price and it helps the Intergroup budget. So, we got a win-win here. Thanks, Hugh H.



"I can see you could never be one of those alcoholic ANONYMOUS fellas!"

CartoonStock.com

Real Freedom—Step Nine

By Greg S.

Steps One through Eight have enabled us to not only identify the hurt we have done ourselves and others, we now know who we need to make direct amends to. Discerning who, what and where we need to go out into the world calls for the application of four important principles: “Good judgement, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine.” (12&12, p 83). Now we’re going out into the world, to our fellows, with a sincere effort to correct the past damage.

There is an important distinction between an apology and an amend. While it is necessary to apologize for our (usually) terrible behavior, an amend is the honest effort to repair what has been done, if possible. While it is necessary to remember that “a remorseful mumbling that we are sorry won’t fill the bill at all” (Big Book, p. 83), heartfelt amends can be initiated through the action taken through the previous Steps, as we begin to “feel confident in our new way of life” (12&12, p. 85).

It is also easy to rest on our laurels, congratulating ourselves on the work done so far. There is a real temptation to resist or procrastinate the more glaring and potentially humiliating encounters. Here it is necessary to remember that despite our hesitation, we can “ask until it comes. Remember it was agreed at the beginning *we would go to any lengths for victory over alcohol*” (Big Book, p. 76). Good sponsorship plays an important part for the ninth stepper; problematic encounters can be lessened by a detailed discussion prior to the encounter, while also asking [for] “God’s help and guidance” (12&12, p. 86).

There are also amends that can’t be done, since it will cause harm to the person: “There may be some wrongs we can never fully right. We don’t worry about them if we can honestly say to ourselves that we would right them if we could. Some people cannot be seen—we send them an honest letter” (Big Book, p. 83). An example would be writing a letter to a deceased family member, reviewing it with our sponsor, and then reading it at the gravesite (as experienced by this author).

The most invigorating aspect of a Ninth Step well done is the real freedom we receive from doing the work. We no longer drag our past along with us. We can now walk freely with our newfound freedom and confidence. We no longer “regret the past nor wish to shut the door on it” (Big Book, p. 83). We have experienced the “readiness to take the full consequences of our past acts, and to take responsibility for the well-being of others at the same time is the very [freeing] spirit of Step Nine” (12&12, p. 87).