



# Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai County

January 2022

240 S. Montezuma St. # 108 Prescott, AZ 86303

Office hours: Monday thru Friday 10:00 am - 4:00 pm

## MAKE A BEGINNING

“Only Step One, where we made the 100 percent admission we were powerless over alcohol, can be practiced with absolute perfection. The remaining eleven Steps state perfect ideals. They are the goals toward which we look, and the measuring sticks by which we estimate our progress. . . The only urgent thing is that we make a beginning and keep trying” (12&12, p. 68).

One thing any given New Year brings are folks’ resolutions, whatever they may be. A desire to do something different, something altogether new (and hopefully improved), makes perfect sense. Resolutions manifest in two ways at the beginning of every new year; both fitness gyms and the rooms of Alcoholics Anonymous are full. It has also been proven that most new year’s resolutions are diminished or altogether abandoned within two months, evidenced by the reduced number of visitors to the gym, and, you guessed it, the rooms.

A resolution is basically an expectation, *with a reasonable expectation of an outcome*. Most expectations are, like my friend Jerome M. says, “nothing more than a resentment in the making.” One example of a reasonable expectation of an outcome is my resolve, this year, with God’s help, to begin the monthly articles with a quote, which I can hopefully explicate without too much gibberish. We’ll see what happens.

Another resolve hearkens back to the goals, or “measuring sticks” described above. It’s a new year, and I have a very realistic expectation of taking my program of recovery to the next level, and maybe you as well. This involves making more time with newcomers/sponsees and folks wanting to have coffee dates, discussing this amazing program of recovery. I need to do this, since like my friend, Tom M. says, “yesterday’s booze won’t get me drunk today, and yesterday’s program won’t keep me sober today.”

Experience has taught that the old timers saying, “you grow or you go” is quite true. Truth is, even as my program evolves, so does my disease. It learns what I am learning, and finds new and altogether insidious ways to come at me.

Seems like a lot to do (“what an order. . .”), but like the print at the top says, all that is urgent is making a beginning. This applies to every single task/step/principle to apply in my life for the day I’m in. If our day is off to a rough start, we can make a new beginning. Now. If my head

won’t quiet down, I can try again, and ask my Creator to be with me. When do I want my Higher Power to provide me with soundness of mind (Step Two)? Now. And when does God manifest in my life? Now. Seems like a pretty good deal, nothing more than a series of beginnings within the infinite Now.

Greg S.

## TRADITIONS CHECKLIST from the AA Grapevine

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

### Practice These Principles...

**Tradition One:** *Our common welfare should come first; personal recovery depends upon AA unity.*

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members’ inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as “just for the sake of discussion,” plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior or not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

c. THE AA GRAPEVINE INC., PO BOX 1980,  
GRAND CENTRAL STATION, NEW YORK, NY 10163-1980

Action and  
more  
Action

# ASCYPAA Steps 1-5 Workshop



2pm-3

*Steps 1-3*

*Greg S.*

*Prescott, AZ*



3-3:30

*Food/Break*

*January 16  
2:00PM*

*Safe Harbor*

*520 W. Delano Ave.  
Prescott, AZ*

3:30-4:30

*Steps 4-5*

*Jay S.*

*Sedona, AZ*



**Yuma Roundup  
February 4-6 2022  
Yuma Civic Center  
yumaroundup.org**

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**58th Annual International Women's Conference  
February 10-13 2022  
In Person and Virtual  
Santa Fe, NM**

**Concept One:**

**Final responsibility and ultimate authority for A.A. world services should always  
reside in the collective conscience of our whole Fellowship.**

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## Prescott Area Intergroup's 2021 YTD Treasurer's Report

GROUP DONATIONS	YTD
4 Directions Grp	\$500.00
AA Freedom	\$195.00
Afterwards Group	\$1,658.70
Alternatives	\$100.00
Amity Group	\$501.00
Beginners 123	\$40.00
Better Days	\$300.00
Broad HWY	\$253.70
Carry This Message	\$36.00
Chino Valley AA	\$2,535.00
Cordes Lakes Group	\$166.00
Crazy Birds	\$47.25
District 14-140	\$200.00
Girlie Birds	\$1,244.00
Healing the Hole in the Soul	\$13.00
Humboldt Men's Stag	\$75.00
Intergroup Meeting	\$130.00
Noon BB Discussion	\$1,385.00
Noon In The Park	\$105.00
Old Shoe (Skull Valley)	\$507.00
Park Avenue Group	\$1,168.38
Prescott Group	\$120.00
Primary Purpose Group	\$30.00
Principles B4 Your Personality	\$460.00
PV As Bill Sees It	\$233.00
PV Diamonds in the Rough	\$450.00
PV Friday Night Speaker Mtg.	\$1,099.00
PV Growing Into Women	\$114.54
PV Lushes t' Ladies	\$248.00
PV Men's Book Study	\$300.00
PV No Name Group	\$630.00
PV Noon Group	\$350.00
PV Reflections	\$125.00
PV Roadmap To Recovery	\$255.00
PV Serenity Seekers	\$50.00
PV There Is a Solution	\$127.55
PV Thurs. Night BB	\$40.00
PV Wed Step Study	\$235.00
PV Welcome Valley	\$411.00
Rarely Group	\$40.00
Rebel Ladies	\$89.00
Round Table Meeting	\$1,282.97
Seligman Pathfinders	\$150.00
Seniors In Sobriety	\$250.00
Serenity At Sunrise	\$2,720.00

GROUP DONATIONS	YTD
Serenity Online	\$900.00
Serenity Sisters	\$17.00
Step Stories	\$209.00
Sun. AM Men's Stag	\$3,000.00
Sunny Days	\$227.00
The Great Fact	\$656.02
The Great Outdoors	\$673.00
The Slice Of Life	\$410.00
Thurs Men's Stag	\$140.00
Tues Night Book Study	\$220.00
Tues Night Men's 12&12	\$100.00
We Have Recovered	\$175.00
Women Awakening	\$425.00
Working Girls	\$333.73
Yarnell On the Mtn Grp	\$26.25

### November Gratitude

Afterwards Group	\$136.00
Alternatives Group	\$55.00
Carry This Message	\$35.00
Crazy Birds	\$36.00
Girlie Birds	\$126.00
PV Friday Night Speaker	\$50.00
Serenity Online	\$1,000.00
Serenity Sisters	\$16.00
The Alphabet Group	\$100.00
The Slice Of Life	\$81.00
Women Awakening	\$20.00
TOTAL November Gratitude	\$1,655.00
<b>TOTAL GROUP DONATIONS</b>	<b>\$30,137.09</b>

OTHER INCOME	YTD
AA Birthday Gratitude	\$132.00
Alcathon	\$297.30
Anonymous	\$3,845.00
Literature Sales	\$8,979.75
Chips Etc.	\$2,608.50
Picnics	\$843.35
<b>TOTAL OTHER INCOME</b>	<b>\$16,705.90</b>
<b>TOTAL INCOME</b>	<b>\$46,842.99</b>
<b>TOTAL EXPENSES</b>	<b>\$50,017.07</b>
<b>INCOME LESS EXPENSES</b>	<b>-\$3,174.08</b>

<b>Bank Balance 12/31/21</b>	<b>\$31,957.23</b>
<b>Cash on hand</b>	<b>\$43.60</b>
<b>Literature &amp; Chips Value apprx</b>	<b>\$7,100.00</b>