



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai County

February 2022

240 S. Montezuma St. # 108 Prescott, AZ 86303 Office hours: Monday thru Friday 10:00 am - 4:00 pm

For February's Conscious Contact Newsletter, we have a guest contributor, Dan S., who has generously furnished a wonderful article on the Second Step (with gentle editing by the editor, Greg S.).

Step Two

"Came to believe that a Power greater than ourselves could restore us to sanity." First, let's ask ourselves what we mean by sanity. A good definition is "soundness of mind," (12&12, p. 33), also being free from defect, disease, damage, or distortion. In Step One, we conceded the fact that we have the illness (disease) of alcoholism. Have we distorted the truth about ourselves, trying to continue to drink? Have we told ourselves [time and again] we would not engage in certain behavior, only to continue to do them because of alcoholism?

I came to realize that drinking was causing me great damage both mentally and physically. The simple truth was I could not quit or moderate. If I could not drink in an acceptable manner on my own, then I needed a Power greater than myself. I felt a sense of hopelessness when initially hearing about the solution of needing a Power greater than myself. Others had strong doubts about God (agnostics), while I and others denied this existence of any God altogether (atheists). The truth is, I could not stop on my own power and needed a Power greater than myself to solve the drink problem.

"Lack of power that was our dilemma. We had to find a Power by which we could live, and it had to be a Power greater than ourselves. But where and how were we to find this Power? . . .that's exactly what this book is about. Its main object is to enable you to find a Power greater than yourself which will solve your problem" (Big Book, p. 45).

I used the Fellowship of A.A. as a Power greater than myself. The desire to drink was lifted. I did not sit all day restless, irritable and discontented. I was attending meetings daily, out for ice cream after the meeting with my new friends who had the same problems as I did. My willingness and open mindedness to become involved with our Fellowship gave me hope, and an overarching feeling that I was doing the right thing. Sanity had returned thanks to my new Higher Power, A.A.

Some who once had faith began to believe God did

not care for them. Guilt, shame, and remorse clouded our thinking. When we saw that an open mind and willingness could bring about real change we came to realize maybe, just maybe, God was doing for us what we could not do for ourselves [Big Book, p. 25]. A.A. tells us to pick a Higher Power of our choosing. Others who once had faith and religion found new hope with the spirituality of this program of recovery. Dr. Bob attended the Oxford Group and other churches. Once he was armed with the facts concerning alcoholism, an amazing beginning on the good life became a reality, One Day at a Time.

Dan S.
Prescott Valley, AZ

TRADITIONS CHECKLIST from the AA Grapevine

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Practice These Principles...

Tradition Two: For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? New-comers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

c. THE AA GRAPEVINE INC., PO BOX 1980,
GRAND CENTRAL STATION, NEW YORK, NY 10163-1980

ASCYPAA

February 19th

Yuma KickBall Cohost

6pm Meeting, Food, Fellowship, and Games

YPAA collaboration

rarely seen outside a conference.

\$10 suggested donation.

995 S 6th Street #959, Yuma, Arizona

ASCYPAA'S

VOLLEYBALL MARCH MADNESS TOURNAMENT

March 19th @ Granite Creek Park

SPEAKER @ 12:00PM

Volleyball to follow

Just show up even if you don't have a team

\$5 per Player \$25 per Team

PRIZE FOR WINNING TEAM!

Food and Drinks for Sale (Vegan options)

"But did not we, ourselves, set the ball rolling?"

(Big Book pg.67)

ASCYPAA's FLAGSTAFF FOOTBALL & COOK-OUT

April 9th @ Thorp Park in Flagstaff, AZ

Co-Host: SWACYPAA & NACYPAA

TOPIC FELLOWSHIP & FOOD

SPEAKER @ 12:00PM

Cookout and football to follow

\$10.00 Suggested

Food and Drinks for Sale

Be sure to check out the ASCYPAA website

ascypaa29.org

**Prescott Area Intergroup's
January 2022 Treasurer's Report**

GROUP DONATIONS	Jan-22
Afterwards Group	\$100.00
Bradshaw Seniors Meeting	\$100.00
Carry This Message	\$278.00
Intergroup Meeting	\$36.00
Noon BB Discussion	\$286.00
Park Avenue Group	\$172.25
PV Lushes t' Ladies	\$173.50
PV Men's Book Study	\$400.00
PV Serenity Seekers	\$100.00
Step Stories	\$50.00
Thurs Men's Stag	\$120.00
Tues Night Men's 12&12	\$100.00
TOTAL GROUP DONATIONS	\$1,915.75
OTHER INCOME	
Anonymous	\$229.00
Literature Sales	\$1,273.50
Chips Etc.	\$213.75
TOTAL OTHER INCOME	\$1,716.25
TOTAL INCOME	\$3,632.00
EXPENSES	
Internet & Web Services	\$72.24
Literature Purchase	\$724.71
Office Manager	\$2,400.00
Office Supplies	\$29.62
Pay Pal expense	\$17.47
Printing and Reproduction	\$50.19
Rent	\$526.05
Utilities & CAM expenses	\$283.51
Telephone	\$81.89
TOTAL EXPENSES	\$4,185.68
OVERALL TOTAL	-\$553.68
Bank Balance 1/31/22	\$31,403.55
Cash on hand	\$43.60
Literature & Chips Value apprx	\$6,630.00

Concept Two:

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.