



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai County

October 2021

240 S. Montezuma St. # 108 Prescott, AZ 86303

Office hours: Monday thru Friday 10:00 am - 4:00 pm

Going Two

When I'm not in Step One, trying to manage my life, I have found real relief in Step Two. Time and again, I have been able to call on this Power, a Power we haven't even named yet, asking for restoration to right thinking. Being put through the ringer of Step One, with my defeat, powerlessness, and unmanageability would be relatively okay if it weren't for the third sentence in the first paragraph of one, "Every natural instinct cries out against the idea of personal powerlessness (12 & 12, p. 21). That means that there's a part of me that basically says, "what do you mean, powerless? My life isn't unmanageable; I've been doing a pretty good job running the show except for that series of bad breaks and misfortunes behind a little excessive drinking." Or, I get some time under my belt, and start taking back the power.

My mind can easily fool me into thinking that there's no problem now that I've started to go to a few meetings, and kind of do this twelve step thing. Or, if I've been active in the program, then naturally my problems begin to subside, and life becomes much better. No problems anymore, so I really don't need to do this so much, again, a series of bad breaks and misfortunes. Thank goodness we're past that now. The problem is that I'm not only out of step one, but I'm also buying in to my warped thinking. The fact is that I don't really have any problems anymore (or they have really become minimized) because I've been applying the principles of this Program of Recovery into my life.

I need help, and I need it now, which is why Step Two is so crucial to getting right sized. I need to believe that a Power greater than me can restore me to sanity, which is "defined as 'soundness of mind' . . . yet no alcoholic . . . can claim soundness of mind for himself" (12 & 12, p. 33). I can't produce soundness of mind for myself. I warped my mind behind alcohol, which is made clear in the first paragraph of the First Step. No, I must believe that a Power greater than me (which means I am a power, by the way) can help me out, and all I need is an open mind, a mind not occupied with self.

I have to get outside of me, outside of self, if I'm going to get any relief from my warped thinking. "Believing in something other than me means that I can't go to me. It means I can't go to my head for answers and solutions" (primetimeisnow.com/wordpress/index.php/blue-clay-monks-and-drunks/). If I ask this power to be with me, and help me to think to good purpose, then I can have an open mind, a mind not occupied with self. And that's when I can make a real beginning, to see the unseen, hear the unheard, and love with a clear heart.

Greg S.

TRADITIONS CHECKLIST from the AA Grapevine

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Practice These Principles...

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

13th Annual Seniors in Sobriety

International Hybrid* Conference, October 24 - 27
Bahia Hotel, 998 West Mission Bay Dr., San Diego, CA
AI-Anon participation

*In-person with online Zoom participation
Seniorsinsobriety.com

Verde Valley Roundup October 29 - 31

Jackpot Ranch, 2025 Reservation Loop Rd.
Camp Verde, AZ 86322

Verdevalleyroundup.org

33rd Annual Miracle on the River October 29 - 31

Aquatic Center, 100 Park Avenue, Lake Havasu City, AZ
Havasuaaroundup.org

Heard at a Meeting:

I never sit in the back row at meetings. It's called the shoe-rack row where all the sneakers, loafers and slippers hang out.

Larry W.

Concept Ten:

"Every service responsibility should be matched by an equal service authority - the scope of such authority to be always well defined whether by traditions, by resolution, by specific job description or by appropriate charters and bylaws."

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Prescott Area Intergroup's September 2021 YTD Treasurer's Report

GROUP DONATIONS	YTD
4 Directions Grp	\$500.00
AA Freedom	\$195.00
Afterwards Group	\$770.00
Alternatives	\$100.00
Amity Group	\$300.00
Beginners 123	\$40.00
Carry This Message	\$36.00
Chino Valley AA	\$1,535.00
Cordes Lakes Group	\$166.00
Girlie Birds	\$744.00
Healing the Hole in the Soul	\$13.00
Humboldt Men's Stag Meeting	\$75.00
Intergroup Meeting	\$32.00
Noon BB Discussion	\$668.00
Noon In The Park	\$105.00
Old Shoe (Skull Valley)	\$235.00
Park Avenue Group	\$1,044.23
Prescott Group	\$120.00
Primary Purpose Group	\$30.00
Principles B4 Your Personality	\$460.00
PV As Bill Sees It	\$233.00
PV Diamonds in the Rough	\$450.00
PV Friday Night Speaker Mtg.	\$872.00
PV Growing Into Women	\$114.54
PV Lushes t' Ladies	\$248.00
PV Men's Book Study	\$300.00
PV No Name Group	\$630.00
PV Noon Group	\$200.00
PV Roadmap To Recovery	\$180.00
PV Serenity Seekers	\$50.00
PV There Is a Solution	\$62.00
PV Thurs. Night BB	\$40.00

GROUP DONATIONS <i>continued</i>	YTD
PV Wed Step Study	\$170.00
PV Welcome Valley	\$200.00
Rarely Group	\$40.00
Rebel Ladies	\$89.00
Seligman Pathfinders	\$150.00
Seniors In Sobriety	\$250.00
Serenity At Sunrise	\$2,120.00
Serenity Online	\$300.00
Step Stories	\$182.00
Sun. AM Men's Stag	\$2,300.00
The Great Fact	\$656.02
The Great Outdoors	\$673.00
The Slice Of Life	\$410.00
Women Awakening	\$322.00
Working Girls	\$258.73
Yarnell On the Mtn Grp	\$26.25
TOTAL GROUP DONATIONS	\$18,694.77
OTHER INCOME	
AA Birthday Gratitude	\$132.00
Anonymous	\$3,104.00
Literature Sales	\$6,836.85
Chips Etc.	\$1,865.00
Picnics	\$843.35
TOTAL OTHER INCOME	\$12,781.20
TOTAL INCOME	\$31,475.97
TOTAL EXPENSES	\$36,213.58
INCOME LESS EXPENSES	-\$4,737.61
Bank Balance 9/30/21	\$30,393.70
Cash on hand	\$43.60
Literature & Chips Value	\$8,820.00
Loan to Roundup	-\$2,000.00