



Conscious Contact

Prescott Area Intergroup: Serving Central Yavapai County

July 2020

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Dependence Means Independence

Independence has an altogether uncommon meaning in spiritual practice. Let's recall what self conjures up when our independence is called in to question: "Yes, respecting alcohol, I guess I have to be dependent upon A.A., but in all other matters I must still maintain my independence . . . what will become of me?" (12&12, p. 36). Even though a sort of agreement has been made in steps one and two (powerlessness, unmanageability, open-minded faith), my alcoholic mind rebels against the willingness presented in three; steps one and two are thrown out the proverbial window. Then Bill presents a truth, cloaked in irony—the idea that "The more we become willing to depend upon a Higher Power, the more independent we actually are. Therefore dependence, as A.A. practices it, is really a means of gaining true independence of the spirit" (12&12, p. 36).

Prior to this program, I placed my dependence on self, living my life as Greg sees it. How well did it work? (" . . . one good look in the mirror ought to be answer enough for any alcoholic") (12&12, p. 37). When I saw the evident success the "winners" had in practicing spiritual principles in their affairs, the "hopelessness and futility of life as [I] had been living it" (Big Book, p. 25) became quite apparent. What do I have to lose by becoming dependent upon my Creator? I knew good and well what I was losing by dependence upon self—my life. Being in complete defeat, I was willing to give the spiritual side of living an honest try. After all, I had proven to myself (time and again) that I could not quit drinking on my own, that this disease was way bigger than me. Initially I placed my belief and faith in my home group—after all, here were a number of folks who had "solved their alcohol problem" (12&12, p. 29) through the twelve steps of recovery. They weren't bound by booze anymore, no longer slaves to this insidious disease. By depending upon their Higher Power, these people seemed to be experiencing real freedom, real independence. I saw these people living their lives as regular folk, productive, caring, thoughtful members of society, "problem people who have found a way up and out, and who wish to share [this] way with all who can use it." (12&12, p. 125).

My dependence today begins when I wake up, by simply asking God, rather than me, to direct my thinking. I do this through prayer, and several spiritual readings. This daily practice gets me God-centered, rather than Greg centered. I then take baby steps throughout my day, practicing the presence and guidance of my Creator, who never fails me—never. Although I falter, and fall off the beam, I simply redirect, and ask God, "what do you want me to do next?" And then I take another baby step, knowing the guidance I receive is far better than anything my little lizard brain can come up with. That's true independence, for me. Happy Independence Day—just ask for it, and do your part.

Greg S.



Chino Valley AA 4th of July Celebration!



Join us for food, fun and fellowship on Saturday, July 4th at our meeting hall at 318 W. Perkinsville Road

4:00 pm – Potluck

Bring your favorite dish to share
(hot dogs and drinks will be provided)

5:30 pm – Regular Open AA Meeting

Followed by games & fellowship

***We will stay respectfully,
socially distanced!***

NOTICE:

In observance of the first Tradition ("Our common welfare should come first;"), the 2020 Prescott Shoestring Roundup (PSR), scheduled for October 9 - 11, 2020 has been cancelled.

The PSR Committee has every intention of hosting the roundup next year, tentatively scheduled for October 8 - 10, 2021.

Prescott Area Intergroup's May 2020 YTD Treasurer's Report

GROUP DONATIONS	YTD
A Way Out Group	\$75.00
AA Freedom	\$280.00
Afterwards Group	\$150.00
Alternatives	\$200.00
Amity Group	\$30.00
AZ AA Women's Conference	\$500.00
Bradshaw Seniors Meeting	\$235.50
Carry This Message	\$192.00
Coming Home	\$75.00
Crazy Birds	\$184.00
Early Risers	\$70.00
Friday Big Book Solutions	\$160.00
Girlie Birds	\$1,530.00
Healing the Hole in the Soul	\$313.60
Intergroup Meeting	\$132.30
Noon BB Discussion	\$888.19
Old Shoe (Skull Valley)	\$100.00
Park Avenue Group	\$411.96
Prescott Group	\$60.00
Principles B4 Your Personality	\$300.00
PV Friday Night Speaker Mtg.	\$320.00
PV Gut Rap Group	\$10.00
PV Lushes t' Ladies	\$169.25
PV No Name Group	\$192.00
PV Noon Group	\$200.00
PV Sunday Nooners	\$70.00
Seniors In Sobriety	\$270.00
Serenity At Sunrise	\$681.00
Sun. AM Men's Stag	\$560.00
Sunday Morning AA Solutions	\$240.00
Sunny Days	\$64.00
The Great Fact	\$153.12
The Great Outdoors	\$480.00
Toolbox Group	\$300.00
Walking Through Hell	\$20.00
Working Girls	\$65.00
TOTAL GROUP DONATIONS	\$9,681.92
OTHER INCOME	
AA Birthday Gratitude	\$324.00
Anonymous	\$3,528.75
Literature Sales	\$2,714.76
Chips Etc.	\$830.75
Meeting Directory Sales	\$54.00
Newsletter Sales	\$15.00
TOTAL OTHER INCOME	\$7,467.26
TOTAL INCOME	\$17,149.18
TOTAL EXPENSES	\$19,718.73
INCOME LESS EXPENSES	-\$2,569.55
Total Monies 5/31/20	\$32,300.08
Literature & Chips Value	\$8,823.00

**July AA Birthdays
CONGRATULATIONS!**

Noon BBD Judy V. 7/04/89	Serenity @ Sunrise Ernie L. 7/15/19
Park Ave Pat R. 7/28/91	Alexander S. 7/19/18
Welcome Valley Group Mike D. 7/13/93	George J. 7/13/91
Friday BB Solutions Jim T. 7/14/82	Jill A. 7/02/90
No Name Group Ryan D. 7/06/08	Lushes t' Ladies Emma L. 7/26/10
Seniors in Sobriety Andy S. 7/02/10	Susan L. 7/12/07
The Slice of Life Cortland M. 7/06/10	Patti K. 7/30/03
Toolbox Group Linda F. 7/22/17	Jamie G. 7/13/95
Home Group ? Barbara A. 7/14/87	Carol C. 7/01/81
PV Noon Group Claudette P. 7/16/73	Humboldt Men's Stag Ron W. 7/16/15
PV Friday Night Speakers Steve B. 7/16/17	Mickey C. 7/07/08
Beth S. 7/26/82	Lynn H. 7/05/00
Tues. Night Step Study Cindy N. 7/28/08	Jack McP. 7/07/87
Angel W. 7/07/71	Tom M. 7/15/79
Prescott Group Jennifer K. 7/25/06	Girlie Birds Joanne D. 7/17/19
Matt C. 7/20/03	Maddy P. 7/05/19
Stephanie V. 7/13/98	Ronda H. 7/14/18
	Patti T. 7/16/10
	Judy S. 7/12/07
	Christina C. 7/28/03



CELEBRATE SOBRIETY!
Please help us update our AA birthday list!
 Being the birthday chairperson for your group is a great way to be of service!
 Email, mail, or bring in a copy of your group's updated birthday list to the Intergroup Office.
 Sign up for our monthly update email.

The Prescott Area Intergroup office will be open
Tuesday, Wednesday and Thursday
 10:00 am to 4:00 pm
 (Closed Monday and Friday until further notice)
 We will keep you posted regarding our local in-person and online meetings at www.prescottaa.org
Please call or email us with any news you have about your group

Prescott, Prescott Valley, Chino Valley, Paulden, Cordes Lakes, Humboldt

Prescott

THE GREAT OUTDOORS

Weekdays at Noon

Granite Creek Park (bring a chair) 554 W. 6th St.

LUNCH BUNCH

Every day at Noon, Safe Harbor, 520 W. Delano

SUNDAY MORNING MEN'S STAG (also on Zoom)

Sunday at 9:00am, Safe Harbor, 520 W. Delano

SUNDAY MORNING SOLUTIONS (O,P)

7:30am 2nd and 4th Sunday, 520 Delano

SUNNY DAYS

Monday and Thursday at Noon

Prescott Adult Center, 1280 E. Rosser St.

4 DIRECTIONS MEETING

Tuesday at 7:00pm, Mt. Club, 910 Clubhouse Dr.

AFTERWARDS GROUP

Tuesday and Thursday at 5:30pm

Granite Creek Park (bring a chair) 554 W. 6th St.

PRESCOTT GROUP

Wednesday at 5:30pm,

New Freedom, 114 E. Navajo Dr.

RARELY GROUP (O,S)

Wednesday, 7:00pm, Safe Harbor, 520 Delano

BEGINNERS 1 2 3

Saturday at 3:00pm, Safe Harbor, 520 Delano

CARRY THIS MESSAGE

Saturday at 7:00pm, Safe Harbor, 520 W. Delano

Prescott Valley

THERE IS A SOLUTION (O, Topic)

Every day at 6:30am

Fountain of life Community Church

3160 N. Lynx Lake Dr. @ E. Sunset

REFLECTIONS GROUP

Tuesday at 6:00pm, Fain Park, 2200 N 5th St, PV

MEN'S BOOK STUDY (C,M,BS)

Thursday at 6:00pm

Nazarene Church, 3741 N. Constance @ Flapjack

NOON GROUP (C,P)

Mon, Wed, Fri at Noon

Nazarene Church, 3741 N. Constance @ Flapjack

WELCOME VALLEY GROUP (C,P)

Monday at 7:00 pm

Trinity Lutheran Church, 3950 Valorie Dr.

Entrance on Lakeshore between Robert Rd. & Navajo

Chino Valley

318 Perkinsville Rd.

Mon. – Sat. 12:00pm (O,P) NOONER SOONER

Mon. & Wed. 5:30pm (O,P) OUTER LOOP GROUP

Tuesday 7:00pm (W,O,P) WOMEN'S AS BILL SEES IT

Thursday 7:00pm (M,O,P) THURSDAY MEN'S STAG

Friday 7:00pm (O,P) FRIDAY GROUP

Saturday 5:30pm (O,D) EASY DOES IT, BUT DO IT

Sunday 8:33am (O,P) MORNING GRATITUDE

Sunday 7:00pm PLAYIN' IT STRAIGHT (O,P)

Cordes Lakes

WHATEVER GROUP

Saturday at 7:00pm

Baptist Church, 20172 E. Pinto Cr. @ Longhorn

Paulden

6675 N. Hwy 89

North of mile marker 334, South of Buffalo Rd.

Sunday 12:00pm (O,D) MILE MARKER 334

Monday 7:00pm (O,D) MONDAY NIGHT MTG

Tuesday 7:00pm (O,12+12) STEP BY STEP

Humboldt

HUMBOLDT MEN'S STAG (C,M,BBS)

Thursday 7:30 pm, Com. Cntr, 13000 Prescott St